



2024 provisio

TTU
Tampereen Tradenomiopiskelijat ry



TTO RY

PROVISIO

TTO RY

TAMPEREEN
TRADENOMIOPIISKELIJAT
RY

TTO RY

CHIEF EDITOR
TATU NEEJÄRVI

TTO RY

PROVISIO 2024

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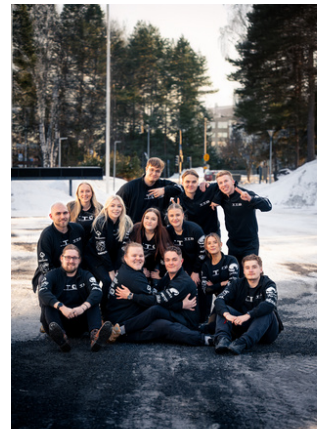
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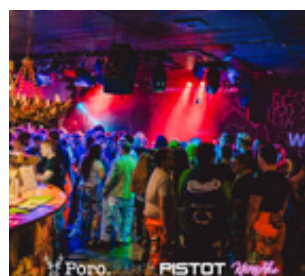
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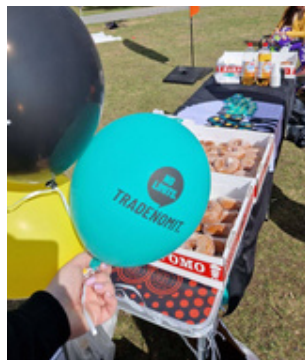
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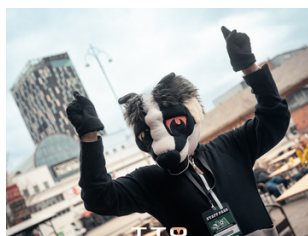
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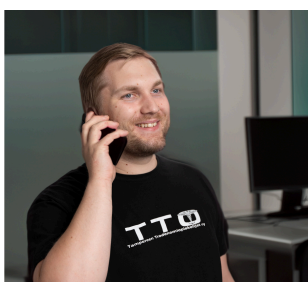
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EDITORIAL

Welcome to Tampere University of Applied Sciences, new business students!

It is a pleasure to welcome you to the community of Tampere business students. The new academic year brings a lot of excitement, new challenges, and opportunities. This magazine, Provisio, is created especially for you to provide information, tips, and support for the beginning of your student journey.



My name is Tatu Neejärvi, the chief editor of this year's Provisio magazine and TTO's media coordinator. I am studying team leadership and entrepreneurship at Proakatemia. My goal is that this magazine will give you a comprehensive view of our student organization and how we, as an organization, can support you during your studies.

TTO ry exists for you. We organize a wide range of events, provide student overalls, influence educational policies, and offer support for all matters related to your studies. Whether it's exam nerves, planning your studies, or challenges of a new city, we are here to help you.



On the pages of this magazine, you will find introductions to the members of the TTO board, including our chairperson Netta Fried, whose message you can find on the next page. Additionally, we will introduce events that will help you get to know your fellow business students and create unforgettable memories.



Student life is a unique time and offers the opportunity to develop yourself, make new friendships, and build your future. Be brave, seize opportunities, and remember that you are part of a large community that supports and encourages you. If you need advice, want to share thoughts, or need help, don't hesitate to reach out.

You can find us on Instagram @tto_ry or send an email to hallitus@ttory.fi.

I wish you a fulfilling and memorable time at TAMK. Remember to have fun, invest in your studies, and make the most of this time.

See you on campus and at events!

P.S. Soppasauna is the best event at TTO!

Best regards,
Tatu Neejärvi
Chief editor of Provisio
TTO Ry Media Coordinator



CHAIRPERSON

Netta Fried

Congratulations on your place at university! It's fantastic to have you join the business student community!

So, what's next?

You've taken one step forward in life, and I can tell you, there will be many more in the coming years. It's worth stepping boldly into everything new, as there are countless amazing experiences ahead, and you can make some of the best memories from them.

Everyone always says, "Make the most of your study time; it goes by so quickly!" – and that's really, really true. It feels like just yesterday I moved to Tampere, started my studies, and introduced myself for the first time to everyone in class. Now, the third year is starting, and I should be thinking about my thesis topic?

No thanks.

The best decision I made during my studies was to get involved in everything. This really applies to diving into school projects, participating in events, and especially joining TTO's organizational activities. I've made a lot of friends through various events and TTO, and I've met some truly amazing people – highly recommended! Studying would have been quite boring without these activities.

Here at TTO, we try to organize something for everyone and are always looking for new ways to make your study time as enjoyable as possible. In addition to organizing events, TTO is your organization that advocates for your interests and helps with everything related to your studies – just send us a message or come chat with us.

Who am I?

I'm Netta, the TTO Chairperson for 2024, studying Business Administration with a focus on HR and leadership. Favorite events? Hervannan Hum*la Hyppely, cruises, sitsit, MM-Kyykkä, and Vappu. Best tip? Explore different events and try new things—your favorites are out there!

Favorite food? Wings

You can email me at puheenjohtaja@ttory.fi or come talk to me!

Wishing you all the best for the future, and see you at the events!



Picture from 2022, we just got our overalls on the day of HHH! Best feeling ever 😊



TAMPEREEN TRADENOMIOPISKELIJAT RY



Take a moment to pause and reflect: what do you expect from your time as a student? Do you want to achieve academic dreams, make new friends, or develop professionally? Whatever your answer, Tampereen Tradenomiopiskelijat ry (TTO) is here to make your time as a student even more memorable.

What is TTO?

TTO is an association established, maintained, and run entirely by students. It is a registered organization that serves as the student organization for business students at Tampere University of Applied Sciences. Our core mission is to be the local advocate for business students. This means we assist you with various issues, such as student financial aid and living conditions. We have representatives who advocate for students' interests in both educational and social policy matters.



tto_ry



Tampereen Tradenomiopiskelijat TTO ry



ttosnap



TAMPEREEN TRADENOMIOPIISKELIJAT RY TTO RY

But that's not all! TTO also offers a wide range of entertainment and experiences. We are known for organizing diverse events, such as kyykkä tournaments, excursions, bar crawls, trainings, and events for new students, like the Amazing Race and the Freshman Olympics. Don't forget the legendary PISTOT parties and the initiation ceremonies for business students!

Additionally, through TTO, you have the chance to get your hands on the popular business student overalls. They are not only a great way to proudly represent your student status but also an excellent icebreaker for meeting new people.

We are also actively involved in the national business student organization, Tradenomiopiskelijaliitto TROL ry. Through this membership, we have the opportunity to participate in and influence broader business student issues and organize various activities in Tampere in collaboration with other business students.

At TTO, we believe in the power of community. Engagement is not just something we encourage; it is at the heart of who we are. Together, we can make an impact not only within our academic environment but also beyond it.



BOARD 2024



CHAIRPERSON

Netta Fried

The chairperson is responsible for fulfilling the association's statutory obligations, ensuring compliance with laws and the association's rules. The chairperson convenes the meetings of the association and the board and oversees the board's activities.



VICE-CHAIRPERSON

Miki Helin

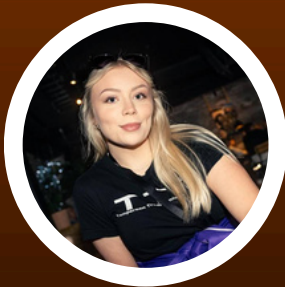
The vice-chairperson performs the duties of the chairperson in their absence. In addition, the vice-chairperson is responsible for ensuring the effective operation of the association alongside the chairperson.



FINANCIAL SECRETARY

Juho Heino

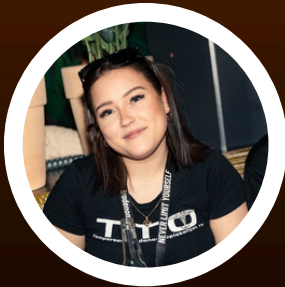
The financial secretary is responsible for the student association's financial transactions and assists with bookkeeping as needed. Additionally, they monitor changes related to taxation and employment matters and oversee the association's finances together with the chairperson.



SECRETARY

Erika Kurvi

The secretary takes minutes at association and board meetings, manages archiving, and maintains other documents. The secretary prepares to-do lists for the board and gathers reports and presentations for meetings.



STUDENT ADVOCACY

Laura Luga

The Student Advocacy Representative, or Eeva, handles educational policy matters and student advocacy. Eeva addresses educational policy issues, participates in quality meetings, and meets regularly with business administration competence managers. Eeva also hosts a monthly "Ask Eeva" Q&A on Instagram.



TUTORS AND MEMBERS

Valtteri Lahtinen

The Tutors and Members representative is responsible for orienting and supporting tutors on behalf of the organization. They also manage the membership registry and handle member recruitment.



WEBMASTER

Alexi Saarivirta

The Webmaster handles the technical implementation and appearance of the association's website. Additionally, they manage other electronic services and provide IT support to the rest of the board.



CULTURE AND LEISURE

Santeri Liukkula

The Culture and Leisure representative is responsible for organizing alcohol-free events and fostering the business student identity. Events such as Vappu, Christmas parties, and Valentine's Day are examples of activities managed in this role.



ENTERTAINMENT

Silja Salmela

The Entertainment representative is responsible for organizing the association's entertainment events and representing the association at these events. They also manage collaborations with other event organizers.



PISTOT

Mikko Hiltunen

The PISTOT representative is responsible for organizing the PISTOT parties in collaboration with TIRO ry, PIRATE ry, and other partners. TTO ry is primarily responsible for marketing the event and managing the financial transactions.



FOREIGN RELATIONS

Veera Bohjanen

The External Relations representative is responsible for managing relationships with stakeholders and organizing domestic and international excursions. They also handle communication with students in the IB programs.



COMPANY COOPERATIONS

Rasmus Kankkonen

The Corporate Relations representative manages the association's professional contacts. They are also responsible for TTO ry's recruitment efforts, including the TTO JobMarket and Portti fair. Additionally, their duties include handling sponsorship and partnership agreements with supporting companies.



MEDIA

Tatu Neejärvi

The Media representative is responsible for the overall communication of the association. They manage TTO's notice boards, member newsletters, social media, and other communication materials. The Media Coordinator also serves as the editor of the Provisio magazine, overseeing its content, design, and publication.



THE BOARD AND ACTIVE MEMBERS

**When overalls aren't enough – apply for TTO's board
or TTO's actives to participate more!**

Do you feel you have a lot to offer the student community? Want to develop leadership skills, network, and make a concrete impact on your fellow students' lives? It's time to turn your attention to TTO's board!

As every year, TTO's autumn meeting will select 13 amazing students to form the board for the upcoming year. Together, they will be responsible for the organization's activities and work closely to ensure that students' voices are heard and student life in Tampere thrives.

Serving on the board offers a unique opportunity to acquire skills that will be valuable in your future career.

You'll meet a variety of people and build relationships that could open doors in the future.

In this role, you'll have the chance to directly impact students' lives and education.

Board work is also fun! It's an opportunity to form deep friendships and enjoy great events together.



THE BOARD AND ACTIVE MEMBERS

**When overalls aren't enough – apply for TTO's board
or TTO's actives to participate more!**

Not sure if the board is right for you? Or maybe you want to get involved but aren't ready to fully commit to board duties?

In that case, you have the opportunity to join as an active member! Active members are an invaluable part of our community, helping with events, brainstorming new activities, and participating in many other functions. This is a great way to experience what being part of the organization is like without the full commitment of a board position.

Throughout the fall, we will share more information about the roles and responsibilities of board members and active members on social media. We also recommend talking to current board members who can share their experiences and offer tips.

I invite you to step into a larger role and seize the opportunity that could enhance your student life. Follow us on social media and stay tuned for more information!



GREETINGS FROM EEVA

Hi!

I'm Laura Luga, and I'll be serving as TTO's Student Advocacy Representative in 2024, also known as Eeva. I'm a second-year business student with a focus on marketing and sales. Student life is full of opportunities, challenges, and most importantly, learning. As your Advocacy Coordinator, I'm here to support you through it all.

As the Student Advocacy Representative, I serve as the voice and representative of the students. My responsibilities include providing advice and support, gathering and handling feedback, participating in development meetings, and, most importantly, advocating for students' interests. I ensure that students' rights and well-being are considered. I work with school administration, teachers, and other stakeholders to make sure that students' needs and wishes are heard.

So, if you face challenges, problems, or have questions related to your studies, don't hesitate to reach out! Challenges might include issues like delays in grading or arranging retakes.

Best regards,

Laura Luga
Advocacy Coordinator 2024
Tampereen Tradenomiopiskelijat ry
edunvalvonta@ttory.fi



PISTOT
PISTOT

19.9. 31.10. 28.11. 11.12.

TTO - TIRO - PIRATE

Experience the Thrill of the Academic Year at PISTOT Parties!

PISTOT are parties organized collaboratively by three major student organizations at Ravintolamaailma. There are seven PISTOT events throughout the academic year. Each PISTOT party features a unique theme and often hosts various student events, serving as the official after-party venue. At least twice a year, these parties also feature top artists.

**PISTOT parties are organized jointly by:
Tampereen Tradenomiopiskelijat (TTO RY)
Tampereen Insinööriopiskelijat (TIRO RY)**

Tampereen Ammattikorkeakoulun Terveysalan Opiskelijat (PIRATE RY)

PISTOT

PISTOT

PISTOT

PISTOT

Make the Most of Your Academic Year!

What is the PISTOT Party Pass?

The PISTOT Party Pass is a personal pass that grants access to all PISTOT parties throughout the academic year. It's like a golden ticket that ensures a VIP experience and lets you fully enjoy the best parties of the student year.

No more waiting in line: As a pass holder, you won't have to endure long queues. You'll get into the parties through a special line for pass holders.

Save money: The pass is affordably priced, and considering it provides entry to all PISTOT parties, it's a truly worthwhile investment.

Exclusive benefits: Active pass users will also receive special perks at the final PISTOT parties of the year. The more you use your pass, the better the benefits you get!

Follow the PISTOT parties on social media to stay updated on pass sales, prices, and other details. Don't miss your chance to make this academic year unforgettable!



A Nautical Grand Finale to the Academic Year!

Raise the anchors and set the sails! The PISTOT X KOLMIOT Party Cruise is back, and this year it's bigger and better than ever! This marks the ninth edition of our party cruise, and it's the perfect way to wrap up the fall semester.

The PISTOT X KOLMIOT Party Cruise offers a fantastic chance to relax before the break and spend time with fellow students in a maritime setting. With sea breezes, great company, and an incredible party atmosphere, this is an experience you won't forget!

This year's cruise will take place in December. It's a two-day event filled with fun, adventure, and surprises. Gather your group and set sail with students for an unforgettable nautical adventure.

All information and updates about the cruise will be posted on PISTOT's social media. Follow us to stay informed and make sure you don't miss this amazing opportunity!

The PISTOT X KOLMIOT Party Cruise is the most anticipated student event of the year. Don't be left on the shore—put on your overalls and captain's hat and experience the adventure of a lifetime at sea!



PISTOT

Hey! I'm Mikko, and I'm the PISTOT representative at TTO.



I organize PISTOT parties with the representatives of TIRO and PIRATE once a month. It's worth marking the dates because I've personally enjoyed every PISTOT event so far. I'm originally from Tampere, but I've lived most of my life in Toijala. Now, due to my studies, I've returned to Tampere. I'm starting my third year of studies now, and there's just a year and a half left to go :D Congratulations on your school placement and see you at the PISTOT parties!



ORIENTATION EVENTS



FUKSIOLYMPIALAISET

There's a festive, sporty atmosphere in the air as the freshmen arrive in the sunshine at Eteläpuisto to compete against each other.

In TTO's first autumn freshmen event, the teams' skills are tested through a series of increasingly athletic challenges.



HÄMMÄSTYTTÄVÄ RALLI

The school year kicks off with a bang with the familiar, but not so safe, Amazing Rally.

This event shouldn't be taken lightly, as the challenges demand both mental and physical resilience. Teams will also have the chance to get to know other student organizations at TAMK and the people behind them.



TRADENOMIOPISKELIJOIDEN KASTAJAISET

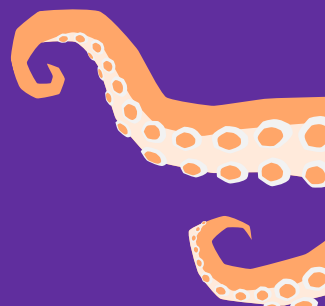
Tampereen Tradenomiopiskelijat ry organizes a traditional initiation ceremony for new students.

Classes compete against each other in playful contests and swear the Brotherhood Oath of Business Students. According to tradition, classes must dress uniformly according to a theme, and the best-dressed class will be awarded in a Phoenician manner.

The role of the Supreme God is played by TTO's mascot Badger, who, despite his warty appearance, is a very easygoing and generous fellow.

TURSAS is a title given to a new student at TAMK

Especially in the autumn, Tampere is full of clueless little Freshers, without guides to lead them towards student life.



OTHER EVENTS

HERVANNAN HUM*LA HYPPELY

Hervannan Hum*la Hyppely was born a legend. The event offers participants a completely new perspective on worldviews. This annual autumn crusade opens the doors of bars, otherwise only accessible to regulars, to students. The hidden truth of Hervanta can be discovered only with one's own eyes on one day each year. However, not everyone interested can join this journey, as the provision of adequate safety measures for the event is limited. Tickets are only for the fastest!



KALEVAN K*NNI KIERROS

Badger and TTO ry welcome you to the biggest and most beautiful pub crawl of the spring! After a chilly winter, Badger will help you shake off the morning stiffness and explore the hidden bars of Kaleva. Bring your friends and get ready for an expedition to Kaleva, where the distances are short and the drinks are cold!

SOPPASAUNA

Soppasauna is the most traditional event for business students, where participants test their endurance. The event has a clear goal: to drink a crate of beer with a partner in three hours while holding the crate at all times. If your grip loosens or the beer doesn't go down, the pair won't have a chance to win the coveted ladle or the title of ladle master. Over the years, only a few exceptional cases have succeeded. When registration opens, it's wise to be quick, as only a limited number of contestants can attempt the feat each year.





SITSIT

Over the years, TTO ry has organized numerous sitsit, ranging from lavish and fancy table parties, such as the annual Christmas party, to more rugged versions. Sitsit have their own code and rules, which are followed meticulously. The pace of the sitsit is set by a predetermined song leader or "toastmaster," whose word is law. The toastmaster sets the rhythm of the sitsit, including breaks, assigns and enforces any penalties, and is responsible for hosting the program. This is one of the finest traditions in Finnish student culture that should not be missed. Every student should experience at least one sitsit during their studies. Most of sitsit are Finnish only.



TRADENOMISEMMA

Tradenomisemma originally went by the name TTO Business Seminar and was first held in 2013. The event has become an annual tradition for TTO ry with varying themes. The most recent event in 2023 was themed "Motivation." Tradenomissemma is organized in collaboration with TST, the association of business graduates in the Tampere region. It is a seminar-style event where TTO members can listen to professionals from various fields and network with other business students and alumni.



PIKKUJOULUT

Tampereen Tradenomiopiskelijat ry organizes elegant Christmas parties for its members every year. The program is built around an excellent dinner and music, accompanied by drinking songs throughout the evening. This event is a formal, anniversary-style sitsit where participants dress elegantly, enjoy good food, and reflect on the past year. The aim is to have a pleasant evening in a festive Christmas atmosphere, followed by lively afterparties at a nightclub.

SKITRIP

TTO ry, in collaboration with TIRO ry, offers a student-friendly skiing trip early in the year! If the slopes of Hervanta no longer suffice or you've considered trying this noble winter sport, this trip is for you. The journey starts with a bus ride from the school, and the return is arranged with the same bus. We provide bus transportation and a ski pass at a student-friendly price. You can also rent skiing equipment through us at a discounted rate! Enjoy a relaxed atmosphere, fresh air, and fun for everyone!



SPORTS SHIFT

In the spring of 2022, TTO launched its own sports shift, where we try out various sports and team games together. The sports shift is held weekly in TAMK's gym, and registration is done via Kide.app. The sport and participation link are announced in TTO's Instagram story. All TTO members are welcome to join, and no extensive fitness or experience is required. The most important thing is to have fun together and work up a sweat!



WAPPU & OTHER EVENTS

TTO has created its own Tradenomi Wappu for its members. TTO members receive a Wappupassi, which can be used to claim an exclusive Tradenomi Wappu patch! The Wappu includes numerous events, with something for everyone! Come and experience an unforgettable Tradenomi Wappu!

TTO also hosts many other events. Last academic year, we organized a Wing Tasting at Siipiweikot, a "Break & Bull's Eye" billiards and darts event, as well as excursions, including company visits.





TRADENOLOGIA

"What on earth is Tradenologia?" This question may puzzle many business students. Tradenologia is an event designed for all students pursuing a business degree, and it has been held annually since 2001. Last year, the event took place in Tampere, but this year we're heading to Helsinki on September 26-27, 2024.

Tradenologia, also known as "Logia," is not just a party or student event—it's also a unique opportunity to network and meet business students from all over Finland. The event includes fun activities such as the traditional pub crawl and a checkpoint tour organized by different student associations.

Networking is at the core of Tradenologia. This event provides a great chance to make contacts with other business students. Additionally, Tradenologia offers an opportunity to explore new cities and student cultures, as it is held in a different location each year. This year, we will enjoy the vibrant student life in Helsinki, with its trendy cafés, bars, and diverse cultural events and concerts.

However, Tradenologia is not just about networking—it's also a time to relax and have fun in shared activities.

Overall, Tradenologia is a multifaceted event that provides business students with both networking opportunities and fun experiences. The city of Helsinki looks forward to welcoming business students and promises an unforgettable experience.

**Watch last year's
Tradenologia aftermovie**



Tampereen seudun tradenomit

Welcome to the activities of business students!

At the start of your studies, you'll surely hear a lot about business students and association activities. As graduated business students, we can attest from experience that association involvement is rewarding and being part of the union is important for your career.

Tampereen seudun tradenomit ry (affectionately known as TST) is the association for business professionals in the Tampere area, serving as the local chapter of Tradenomiliitto TRAL ry. We work closely with the local business community.

We act as the local advocate for business professionals and offer our members educational and recreational opportunities.



Wappu doughnut distribution



The atmosphere of the sauna and ice swimming morning



Board meeting with union representatives



Participating at Paremmman työelämän puolesta event

The well-being of our members is crucial to our association's activities. We organize a variety of events for business professionals of all ages, including tastings, sports trials, family events, painting nights, theater outings, company visits, and anything else our members might suggest!

The board of Tampereen seudun tradenomit ry is active, and several events are held each year.

You are very welcome to join in the activities and the board!



BOARD 2024



tampereenseuduntradenomit



Tampereen seudun tradenomit ry



Tampereen seudun tradenomit



Tampereen seudun
TRADENOMIT.

Autumn's Important Dates

August

20 Overalls fitting LIKO & TIJO

Fitting of overalls for Business Administration and Proakatemia students.

22 FUKSI-OLYMPIALAISET

TTO's Freshman Olympics for new business students at Eteläpuisto.

27 HÄMMÄSTYTTÄVÄ RALLI

TTO's Amazing Rally for new business students at Nalkala Field.

28 Overalls fitting IB & TIJO

Haalareiden sovittaminen International business ja Tietojenkäsittelyn opiskelijoille.

September

29 Tradenomiopiskelijoiden kastajaiset

TTO's traditional initiation ceremony for new business students in Kaleva.

30 Overalls fitting for everyone

Last chance to fit the overalls.

03 Syysfest

Opiskelijan Tampere is organizing an event for students at Särkänniemi.

04 Tursajaiset

The student union TAMKO is organizing Tursajaiset, the concluding event of the orientation weeks for new students.

09 TTO Tournament

TTO's football tournament

11 Bubiklubin bubirundi

A pub crawl organized by Bubiklubi in downtown Tampere.

17 TTO sitsit

A practice sitsit where you learn how to behave and participate in sitsit. Finnish only event.

19 PISTOT

This autumn's first PISTOT at Ravintolamaailma.



25 HHH

Hervannan Hum*la Hyppely in Hervanta: the biggest event of the autumn and afterparty at Ilona!

Ruma

A legendary, colorful, and unique nightclub in downtown Tampere.

Don't hang out at home, come party at Ruma.



Bricks Tampere

Bricks is an intimate nightclub offering a stylish and relaxed atmosphere with a diverse range of music. On weekends, the party goes on until the morning!



TTO RY

COLLEGEPAIDAT SWEATSHIRTS

College shirts for sale from
August 19 to September 8, 2024
Kide.app

Student OVERALLS



When wearing your overalls, you represent not only yourself as a student but also our student organization. So, keep good manners in mind!

There are some unwritten rules for wearing student overalls, but they will become clearer over time. It is, however, clear that overalls should not be washed and should only be worn at student events. - "Wear the overalls unless explicitly prohibited."

Ask your tutors or TTO for more information about the overalls!

Sewing on overalls patches might initially seem overwhelming, but it will become easier with time. Relying on glue isn't advisable, as the patches won't stay on for long. Hand sewing is the most reliable method! Use thick thread to avoid breakage. Start by sewing the patches in places other than over the advertisements.

Make your overalls unique by customizing them as you like. For example, many people have a patch representing their hometown, indicating where they are from in Finland.

TAMPERE



THE COLORS OF THE OVERALLS

INTERNATIONAL
BUSINESS

BUSINESS
ADMINISTRATION
&
ENTREPRENEURSHIP
AND LEADERSHIP

INFORMATION
SYSTEMS
&
MEDIA AND
MUSIC

CONSTRUCTION
ENGINEERING - ARCHITECT
AND -SITE MANAGEMENT
&
VEHICLE ENGINEERING

HEALTHCARE

IN THE HEALTH SECTOR,
DIFFERENT SECTORS HAVE
DIFFERENT COLORED POCKETS

PINK
NURSING

BLUE
PHYSIOTHERAPY

WHITE
PUBLIC HEALTH
NURSING

BURGUNDY
BIOMEDICAL
LABORATORY

YELLOW
RADIOGRAPHY &
RADIO THERAPY

RED
EMERGENCY CARE
PURPLE
MIDWIFERY

ELECTRICAL
ENGINEERING

INFORMATION AND
COMMUNICATION TECH.
&
SOCIAL SERVICES

MECHANICAL
ENGINEERING

LABORATORY
ENGINEERING

VETO

ENVIRONMENTAL
ENGINEERING,
FORESTRY

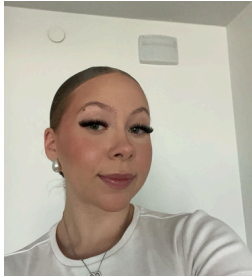
TOURISM &
CATERING SECTOR

BIOPRODUCT &
PROCESS
ENGINEERING

BUILDING
SERVICES (HVAC
& ELECTRIC)

TUTORS

Business administration



Vuokko Ollila



Petra Puntola



Taru Partanen



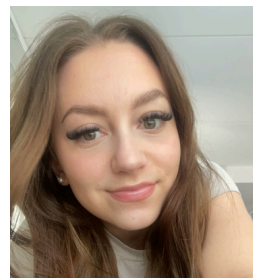
Laura Luga



Sohvi Muhli



Iida Törmä



Anna Mäkelä

Business administration (multimodal studies)



Emma Ruti



Jenniina Mäkinen



Lotta Kuula

TUTORS

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TUTORS

International Business



Elina Pärssinen



Venla Saarni



Adriana Gailite



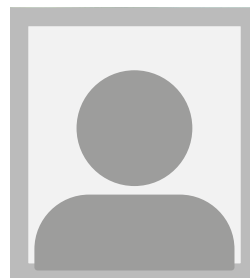
Anna Ylä-Autio



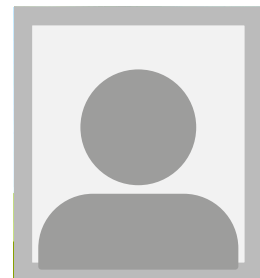
Zsombor Tibay



Laura Örfi



Anastasia Avtonomova



Mutaal Ahmed

TIPS FOR NEW STUDENTS

YOU CAN ALWAYS ASK
FOR HELP WITH ANYTHING!

ALSO FROM TTO <3
YOU CAN REACH US
FASTEST ON
INSTAGRAM @TTO_RY.

IT'S WORTH
PARTICIPATING IN ALL
EVENTS! ESPECIALLY
AT THE START OF
YOUR STUDIES, YOU'LL
KNOW WHERE TO GO
IN THE FUTURE!

REMEMBER TO
TAKE ADVANTAGE
OF STUDENT
DISCOUNTS AT
RESTAURANTS,
BARS, AND SHOPS!

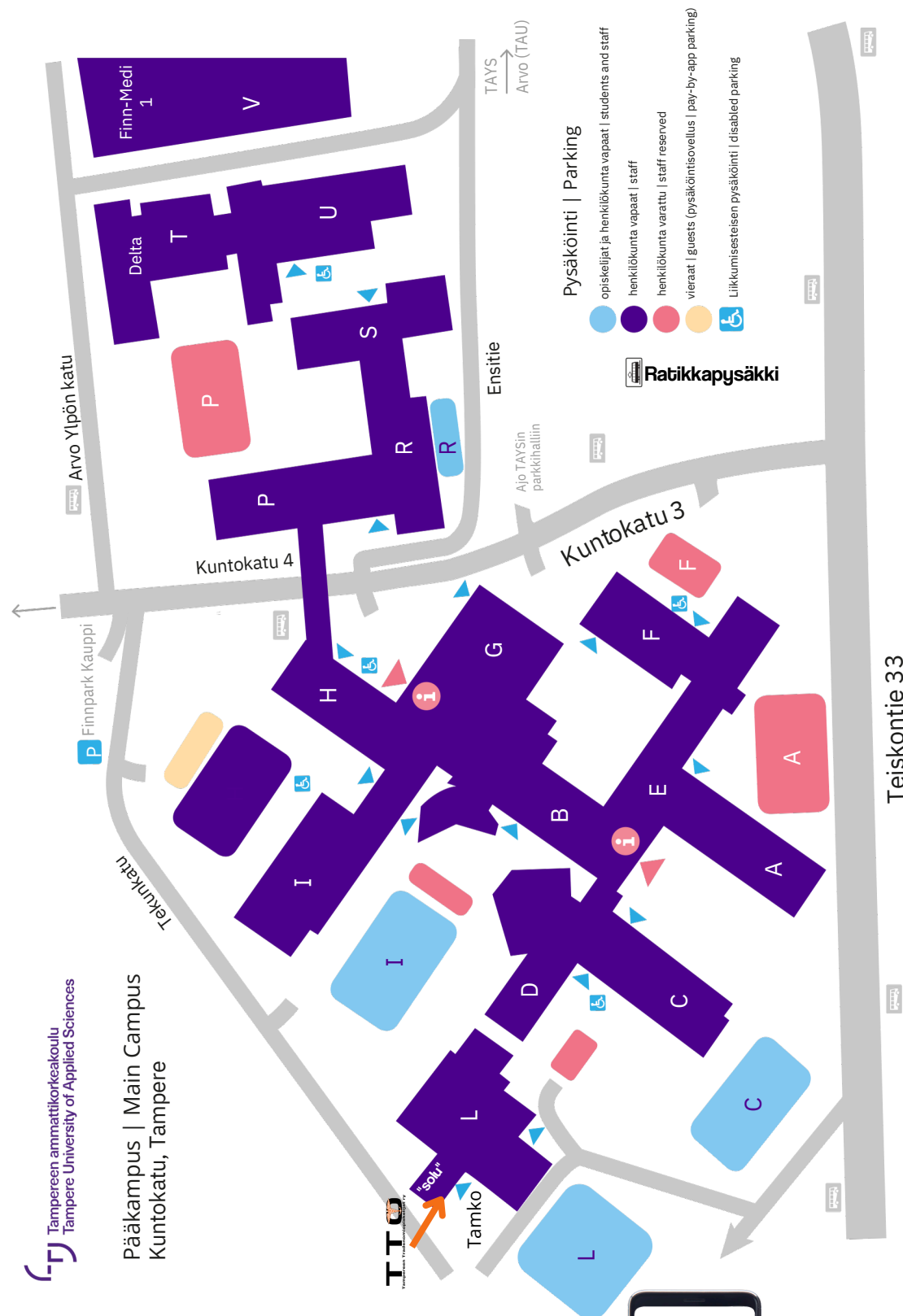
KEEP AN OPEN MIND; STUDENT LIFE IS
FULL OF NEW OPPORTUNITIES AND
EXPERIENCES! EMBRACE IT AND BE
YOURSELF!

PARTICIPATE IN EVENTS
EVEN IF YOU DON'T
DRINK ALCOHOL; NO
ONE WILL JUDGE YOU!
OTHERWISE, YOU
MIGHT MISS OUT ON
IMPORTANT MOMENTS
TO MEET NEW PEOPLE!

IF YOUR STUDIES
START TO FEEL
TOO
OVERWHELMING,
DON'T HESITATE
TO ASK FOR
SUPPORT.

FOLLOW OUR
SOCIAL MEDIA
CHANNELS
ACTIVELY.

Grab a picture of TAMK's map, you'll need this during the first few weeks!



CONTACTS

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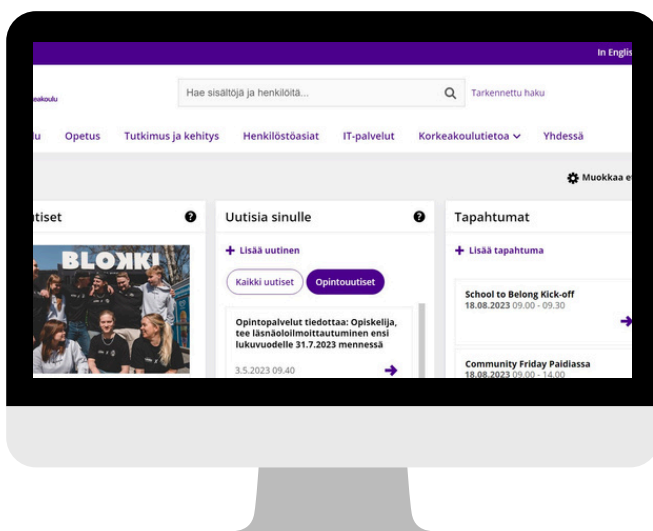
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TTO SPORTS SHIFT

Starting in October

WEDNESDAYS

5:00 PM - 6:00 PM

Sportuni Käuppi
Kuntokatu 3
L-rakennus

TTO
Tampereen Tradenomiopiskelijat ry



provisio

TTÖ



Tampereen Tradenomiopiskelijät ry