

2023

AUTUMN2023

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TAMPEREEN TRADENOMIOPISELIJAT RY

toivo!





AUTUMN 2023

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HELLO NEW BUSINESS STUDENTS, WELCOME TO STUDY AT TAMPERE UNIVERSITY OF APPLIED SCIENCES!

This magazine is named "Provisio" and is specifically created for you, who are starting your studies at Tampere University of Applied Sciences. It is a pleasure to welcome you to the Tampere Business School student community.

You have embarked on a journey full of possibilities. Tampere Business School students, as your student association, stands by your side throughout your studies. We organize events, support in educational policy matters, order student overalls, and much more.

We understand that starting your studies can be an exciting time, filled with new people, places, and experiences. It is also normal to feel uncertain and question whether you are ready for this new phase in life. I want to assure you that we at TTO are here for you. If you have questions, want to share thoughts, or need support, do not hesitate to contact us.

In this magazine, we introduce the members of TTO's board and their roles. We also provide information about upcoming events, tutors, the significance of student overalls, and offer tips on how to have the best possible start to your student life in Tampere.

I am Wilma, this year's Editor-in-Chief of Provisio magazine. I am currently in my fourth year studying Business, specializing in Financial Management.

My time as a student has been filled with learning, friendship, and moments of joy, and I hope you get to experience the same richness on your own academic journey.

In conclusion, I want to say: Enjoy this time, be curious and open to new experiences. Face challenges with courage and remember that our community always has room for kindness and supporting one another.

Don't be afraid to make mistakes, as they are part of the learning process. I urge you to consider the impact you want to make within our student community and how you can contribute to ensuring that Tampere University of Applied Sciences is a place where every student feels welcome and valued..



Warmest regards

Wilma & Netta

I am Netta, TTO's new Media Coordinator. I worked on the Provisio magazine together with Wilma <3

I am in my second year of studying Business, with a focus on HR and leadership. My first year of studies has been rewarding, and new friends and experiences have enriched it even further!

Keep your eyes and ears open for TTO's organized events, as they are a way to get to know your fellow students and build friendships.

Wishing you all the best in your studies ❤️

Hopefully, we'll run into each other on campus or at events!

If you need assistance or want to chat, you can reach out to us on Instagram @tto_ry or via email at hallitus@ttory.fi

WHO WIELDS THE CHAIRMAN'S GAVEL?

Congratulations on securing a study place and welcome to Tampere! This marks the beginning of your unforgettable journey with Tampere University of Applied Sciences in the field of business studies. Your study time will fly by quickly, so I recommend enjoying it and making the most out of your time as a student.

Each of us approaches our study time differently. Some of us dedicate our time to studying and academic pursuits, while others view studying as a mix of celebrating and enjoying nightlife. In my opinion, finding a balance between these aspects is key. I encourage each of you to explore the various opportunities available to students and discover your own way of making the most of your study period.

Tampereen Tradenomiopiskelijat ry, or TTO, strives to organize a wide range of educational and social activities that will help you find your own path. Your time as a student is an opportunity to explore, learn, and grow. Enjoy every moment of it!

TTO is the advocacy organization for business students studying in Tampere. Throughout the year, TTO arranges various activities, and new students have the chance to get to know us during orientation weeks. TTO also engages in student advocacy, particularly through educational and policy-related activities. You can find us in the school hallways, at our office, or at events. Feel free to approach us if you have questions or simply want to chat. My tip is to focus on your studies while also taking time to relax at events; they're a great way to make new friends and make your studies feel lighter! I recommend getting to know a variety of people during your studies – you can find lifelong friends here.



VILLE PAANANEN



This year, Tampere's business students have a unique opportunity to join an annual event specifically designed for them: Tradenologia in our own study city, Tampere. You can find more information about Tradenologia in this publication. These parties are something I wouldn't want to miss at all. Welcome to the diverse community of business students studying in Tampere!

-Ville

TAMPEREEN TRADENOMIOPISKELIJAT RY

Take a moment and think: what do you expect from your time as a student? Do you want to achieve your academic dreams, forge new friendships, or develop as a professional? Whatever your answer may be, Tampereen Tradenomiopiskelijat ry, also known as TTO, is here to make your time as a student even more unforgettable.

BUT WHAT IS TTO?

TTO is an association that is established, maintained, and operated entirely by students. It is a registered organization that serves as the student association for business students at Tampere University of Applied Sciences. Our core mission is to be the local advocate for business student interests. This means that we assist you in various matters, such as questions related to student financial aid and student livelihood. We have representatives who advocate for student interests in both educational and social policy matters.



TTO_RY



TTO RY



TTOSNAP

But that's not all! TTO also offers a variety of entertainment and experiences. We are known for organizing diverse events such as kyykkä game tournaments, excursions, appro events, training sessions, as well as events tailored for new students, like the Amazing Rally and the Olympiad. Don't forget about the legendary PISTOT parties and the initiation events for business students!

Moreover, during your time at TTO, you have the opportunity to get your hands on the popular student overalls for business students. They are not only a great way to proudly represent your student status but also an excellent icebreaker to connect with new people.



We are also actively involved in the activities of the national organization, the Finnish Business School Graduates TROL ry. Through this membership, we have the opportunity to participate and influence matters concerning business school students on a broader scale, and also organize various activities in Tampere together with other business school students.

At TTO, we believe in the power of community. Being active is not just something we encourage; it is at the core of our hearts. Together, we can make an impact not only within our academic environment but also beyond its boundaries.

Board 2023



CHAIRMAN

Ville Paananen

The Chairmans responsible for ensuring the compliance with the association's legal obligations, including adherence to laws and the association's regulations. The Chairman convenes the meetings of the association and the board, and oversees the activities of the board.



VICE CHAIRMAN

Mikko Vaskivuori

The Vice Chairman takes on the duties of the Chairman when they are unavailable. In addition, the Vice Chairman collaborates with the Chairman to ensure the effective functioning of the association.



FINANCIAL SECRETARY

Rasmus Kankkonen

The Financial Secretary is responsible for the financial transactions of the student association and assists in bookkeeping as needed. Additionally, they track changes related to taxation and employment matters, and monitor the association's finances in collaboration with the Chairman.



SECRETARY

Anton Pohjonen

The Secretary maintains the minutes of the association's and the board's meetings, handles archiving, and maintains other documents. The Secretary compiles to-do lists for the board and collects reports and presentations for the meetings.



EDUCATIONAL POLICIES

Satu Turunen

The Educational Affairs Coordinator, also known as "Kopo," is responsible for matters related to education and student well-being. Kopo addresses issues related to course implementations and other important educational policy matters. Kopo regularly meets with the educational staff and program managers of TTO to discuss these matters.



TUTORS AND MEMBERSHIPS

Berfin Üstün

The Tutor and Membership Coordinator is responsible for the orientation and support of tutors on behalf of the student association. They also manage the membership registry and handle membership recruitment.



WEBMASTER

Olli Karvinen

The Webmaster is responsible for the technical implementation and design of the association's website. Additionally, they manage other available electronic services and serve as the IT support for the rest of the board.



CULTURE AND LEISURE

Markus Inkinen

The Culture and Leisure Coordinator is responsible for organizing alcohol-free events and shaping the business student identity. Events such as May Day (Vappu), holiday parties, and Valentine's Day are examples of events that fall under this role.



ENTERTAINMENT

Olivia Syrjä

The Entertainment Coordinator is responsible for organizing entertainment events hosted by the association and representing the association at these events. They also manage collaborations with other event organizers.



PISTOT

Venla Vadén

The PISTOT Coordinator is responsible for organizing PISTOT parties in collaboration with TIRO ry, PIRATE ry, and other partners. TTO ry primarily handles the marketing and financial aspects of the parties.



FOREIGN RELATIONS

Miki Helin

The External Affairs Coordinator is responsible for maintaining relationships with stakeholders and organizing domestic excursions as well as an international excursion. They also handle communication with students in the IB study programs.



COMPANY COOPERATIONS

Janne Peltonen

The Corporate Relations Coordinator is responsible for managing the association's connections with the professional world. They also oversee TTO ry's recruitment efforts, such as TTO JobMarket and participation in Porttti career fairs. Additionally, their tasks involve handling sponsorship and partnership agreements with companies that support our activities.



MEDIA

Netta Fried

The Media Coordinator is responsible for comprehensive communication within the association. They take care of TTO's bulletin boards, member newsletters, social media, and other communication channels' materials. The Media Coordinator also serves as the editor of the Provisio magazine, responsible for its content, layout, and publication.

WHEN OVERALLS ARE NOT ENOUGH – TTO'S BOARD AND ACTIVE MEMBERS OFFER MORE!

Do you feel that you have a lot to offer to the student community? Do you want to develop your leadership skills, network, and make a tangible impact on your fellow students' lives? Now is the time to set your sights on the TTO board!

Just like every year, at TTO's autumn meeting, 13 fantastic students will be chosen to form the next year's board. Together, they are responsible for the activities of the student association and work closely to ensure that students' voices are heard and student life in Tampere thrives.

Learn and Grow: Board work provides a unique opportunity to acquire skills that will be valuable in your future career.

Networking: You'll encounter a diverse range of people and create relationships that could open doors in the future.

Make a Difference: In this role, you have the chance to directly influence students' lives and education.

Fun and Friendship: Working on the board is also enjoyable! It's a chance to form deep friendships and enjoy fantastic events together.



Not sure if the board is the right fit for you? Or perhaps you want to be involved but aren't ready for a full commitment to board work? In that case, you have the opportunity to become an active member!

Actives are an invaluable part of our community, helping out at events, brainstorming new activities, and participating in various other initiatives. It's a great way to get a taste of what student association involvement is like without the commitments of being a board member. During the fall, we'll be sharing more information about the roles and responsibilities of both board members and actives on social media. We also recommend coming to chat with current board members, who can share their experiences and provide insights.

I invite you to step into bigger shoes and seize an opportunity that could transform your student life. Follow us on social media and stay tuned for more details!

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Kopo's greetings

TO TURSAAT

Hi there! I'm Satu Turunen, and in the year 2023, I'm serving as the Educational Policy Representative of TTO, which stands for Tutkinto-ohjelmien opiskelijat, or in English, Degree Program Students' Organization. You can call me "Kopo" for short. I'm a second-year student at Proakatemia, where I'm studying entrepreneurship and team leadership. As autumn approaches, it brings along a lot of new things, and my role as Kopo is to be there to support you if you encounter any challenges related to your studies.

So, what does a Kopo do?

The primary responsibility of a Kopo is to advocate for the interests of business students. If you face any challenges, problems, or questions regarding your studies, feel free to reach out! Challenges might be related to things like delays in grades or arranging retakes. However, it's a good rule of thumb to first discuss the matter with your teacher. My role also involves bridging the gap between students and teachers, and I regularly meet with competency coordinators from different study lines.

Best regards for the autumn season,

*Satu
Turunen*

Contact Satu by email

kopo@ttory.fi



PISTOT

pistoilla ilta viilence...

EXPERIENCE THE EXCITEMENT OF THE ACADEMIC YEAR AT PISTOT PARTIES!

It's time to raise the sails and set course for the exciting adventure of student life – the PISTOT parties! In this event, the forces of business students' TTO, engineering students' TIRO, and health care students' PIRATE come together to bring you the best parties of the year.

WHAT MAKES PISTOT PARTIES SPECIAL?

The PISTOT parties are like a compass guiding you towards new friends and incredible memories. And that's not all! PISTOT offers you the chance to express yourself through various themes. Changing themes provide you with the opportunity to dress creatively, whether your choice is colorful overalls or accessories that match the theme.

PARTIES THAT LEAVE A MARK.

Do you know what's better than one party? Seven parties! Throughout the academic year, you can enjoy seven different celebrations. And guess what? In December, the PISTOT parties set sail and head out to the sea! The PISTOT Cruise is an event that culminates the year and leaves you eagerly anticipating the next round.

DONT MISS OUT!

The first autumn parties are just around the corner, and it's time for you to put on your dancing shoes. Keep an eye on the PISTOT parties' social media to ensure you don't miss any updates or surprises.

party pass

Get the Most Joy Out of Your Academic Year!

What is the PISTOT Party Pass? The PISTOT Party Pass is a personal pass that grants you access to all the PISTOT parties throughout the academic year. It's like a golden ticket that ensures you a VIP experience and allows you to fully enjoy the best parties of the academic year.

No more waiting in line: As a Party Pass holder, you won't have to endure long lines. You'll have a separate entrance queue for Party Pass holders.

Save money: The pass comes at an affordable price, and considering that it covers entry to all PISTOT parties, it's truly a worthwhile investment.

Exclusive perks: Active Party Pass users also receive special perks at the final PISTOT party of the academic year.

The more you use your pass, the better the perks you'll receive! Keep an eye on PISTOT party social media to stay updated on the sale of Party Passes, prices, and other details. Don't miss your chance to make this academic year unforgettable!

party cruise

Maritime Grand Finale for the Academic Year!

Anchors up and sails high! The PISTOT Party Cruise is here again, and this year it's bigger and better than ever before! This marks the ninth time the party cruise is being organized, and it serves as a spectacular grand finale for the fall semester.

The PISTOT Party Cruise is the perfect opportunity to unwind before the holidays and spend quality time with your fellow students in a maritime setting. The sea breeze, good company, and joyful party atmosphere ensure that this is an experience you won't forget!

This year's party cruise will take place in December. It's a two-day event full of fun, adventure, and surprises. Gather your cabin crew and set sail with fellow students. All news and updates related to the party cruise will be published on PISTOT's social media channels. Follow us to stay up to date and don't miss out on this incredible opportunity! The PISTOT Party Cruise is the most anticipated event of the academic year. Don't stay on the shore lamenting – come aboard and embark on the adventure of a lifetime!



PISTOT

coordinator



Hi there,

I'm Venla, and I'm the PISTOT coordinator from TTO this year. I'm organizing the PISTOT parties once a month with the PISTOT coordinators from TIRO and PIRATE. I've lived in Tampere my whole life, although my actual familiarity with Tampere has been a bit limited.

I'm 22 years old and born in the later part of the year, which makes me the youngest member of our board. The third year of my studies is starting now, providing a nice change from the long internships. During my studies, I've had the chance to attend many different student parties and events, but the PISTOT parties have still remained the most important to me. We've had some amazing PISTOT parties and Pistonääri competitions in previous years. Of course, the highlight of the whole year is the big PISTOT party in December. Hopefully, many of you newcomers will be joining us there!

Feel free to ask me anything, whether it's about PISTOT parties, studying, or even restaurant recommendations.

Congratulations once again on your study placement, and I'll see you at the PISTOT parties!!

-Venla

EVENTS



FUKSIOLYMPIALAISET



"Fuksiolympialaiset" (Freshman Olympics) are an annual sports event that brings together TAMK's new students at Eteläpuisto. In this high-energy event, teams' athletic skills are put to the test at various checkpoints that require agility, strength, and creativity. In this latest edition of the popular event, there will be even more diverse games and challenges. Whether you're inclined towards fast sprints, accurate throws, or clever strategies, there's something for everyone to enjoy and participate in.

HÄMMÄSTYTTÄVÄ RALLI



"The Amazing Ralli" is a team competition styled after "The Amazing Race," where you get to embark on an adventure around the city, completing various challenges at different checkpoints. Don't take this lightly! The checkpoints are designed to require both mental and physical effort. This isn't just a competition; it's an opportunity to get to know TAMK's student organizations better and the people behind them. Working together in teams and solving tasks collaboratively helps build lasting friendships and establish new connections. The tasks are demanding, and the checkpoint organizers meticulously score your performances. Only the bravest and cleverest teams can achieve victory!

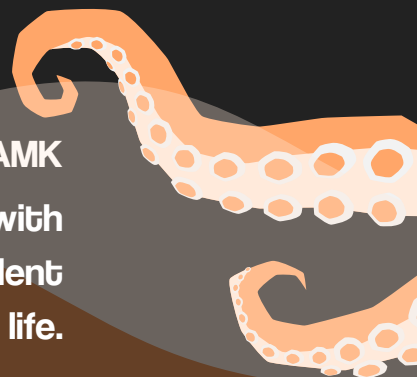
KASTAJAISET



Tampereen Tradenomiopiskelijat ry, also known as TTO ry, organizes "tradenomikastajaiset" (business student initiation ceremony) for new students, offering them a unique opportunity to become a part of the community. The roots of this event go deep into history, and nowadays, it has taken on its own distinctive form in Tampere. During the initiation ceremony, students are divided into groups and participate in various playful competitions that emphasize camaraderie and creativity. The groups are also expected to dress uniformly according to the theme. The climax of the event is when the new business students take the oath of the tradenomi student brotherhood. This oath symbolizes a sense of belonging and commitment to the community's values.

Tursas

is a term used to refer to new students at TAMK. Especially during the autumn season, Tampere is filled with unsuspecting little "Tursaita", lacking tursaspaimenia (student mentors) to guide them towards student life.



HERVANNAN HUM*LA HYPPELY

"Hervannan Hum*la Hyppely," organized by TTO, is an adventure that takes students deep into Hervanta's iconic bar culture. This pub crawl event offers challenging tasks and experiences as students hop between Hervanta's watering holes. And it's not just about having a fun evening – those who successfully complete the challenges receive a special overall patch and eternal glory. Hervannan Humala Hyppely is a unique opportunity to see a side of Hervanta that often remains hidden. Don't miss out on this incredible experience that combines adventure, community, and the best aspects of Hervanta.



KALEVAN K*NNI KIERROS



This traditional pub crawl takes you and your friends to the heart of Kaleva, where you'll explore local bars and combine the challenges of your studies with relaxed fun. As the legend goes, in 2015, TTO's own Badger embarked on a bold journey from Hervanta and found its way to the bright lights of Kaleva. This marked the beginning of a sister event that has now become an annual tradition! Kalevan K*nni Kierros is a perfect opportunity to meet new people, network, and, of course, enjoy cold drinks. The Kaleva area offers a diverse range of bars waiting for you and your friends. The spirit of the event is playful and joyful. The venerable Badger guides us throughout the evening and ensures that each participant has the best possible experience.

SOPPASAUNA

"The tradition of Kauhamestari continues." Soppasauna, that legendary ritual of business students. Soppasauna is like the revival of ancient Phoenician drinking guilds; in accordance with tradition, it's just as valuable and thrilling. Similar to the ancient Phoenicians who organized beer-drinking guilds at the end of the harvest season, business students gather in Soppasauna to compete for honor, beer, and the prestigious title of Kauhamestari. This is not merely a beer-drinking competition; it's a tribute to centuries-old traditions and daring feats that have shaped the history of Soppasauna.



In the competition, the goal is simple yet challenging: to drink a basket of beer with a partner in three hours while holding onto the basket the entire time. Do you have what it takes? Can your grip hold, or will the malt beverage prevail? Only a few throughout history have succeeded in this endeavor and achieved the coveted Kauhamestari's ladle and title. Registration is open to a limited number of contenders, and spots fill up quickly. Come witness as the best of the business students compete against each other and fight for their place in the honorable history of Soppasauna.



SITSIT

"Sitsit" are a Nordic academic tradition that thrives especially in Finland. They are formal dinner parties where students gather to enjoy food, sing drinking songs, give speeches, and often participate in program activities tied to various themes.

TTO ry is known for its diverse arrangements of sitsit, ranging from sophisticated formal dinners like the annual pikkujoulut (Christmas parties) to more daring and relaxed events.

One of the key features of sitsit is their strict etiquette and rules. These celebrations are overseen by a toastmaster or song leader who is responsible for the pace of the event, hosting the program, and distributing possible penalties. The word of the toastmaster is respected like law, and under their guidance, attendees adhere to traditions that have shaped sitsit into what they are today.



PIKKUJOUTUT

"Pikkujoulut" is a Finnish term that translates to "Christmas party" or "holiday party" in English. "Pikkujoulut" are an annual festive event organized by Tampereen Tradenomiopiskelijat ry (TTO ry) for its members.

The essence of pikkujoulut lies in luxury, warmth, and community. The event offers members an excellent opportunity not only to enjoy a delicious dinner but also to participate in various activities like listening to music and singing drinking songs that elevate the atmosphere. The venue for the celebration is chosen carefully to provide an environment that is both elegant and cozy. Tables are decorated with a Christmas theme, and the space is filled with the aroma of holiday spices, creating an authentic and warm atmosphere.

As the evening progresses, the festivities often move to a nightclub, where the celebration continues in a more energetic manner. At the after-party, attendees can dance and enjoy music together with fellow students.



SPORTS SHIFT

Tampereen Tradenomiopiskelijat ry, or TTO ry, recognizes the importance of physical activity in student life, and that's why they've developed "Liikuntavuorot," which translates to "Sports Shifts" or "Exercise Sessions." Starting from the spring of 2022, TTO ry has provided its members with the opportunity to participate in weekly exercise sessions in TAMK's sports hall, where they can try out a variety of sports and team games.

What makes the Liikuntavuorot particularly appealing is their low threshold for participation. Regardless of fitness level or experience, all members are warmly welcome to join! TTO ry emphasizes that the most important aspect is not performance or results, but rather having fun.

All TTO events are completely harassment-free, and any form of harassment or discrimination is not tolerated. You can reach out to the harassment contact persons via email.

ville@ttory.fi berfin@ttory.fi mikko@ttory.fi satu@ttory.fi

SKITRIP- THE JOY OF SKIING

The Skitrip is one of the memorable events organized in collaboration by TTO ry, TIRO ry, and PIRATE ry. It offers students the opportunity to dive into snowy adventures and enjoy the excitement of skiing. This event is dedicated to everyone who loves winter sports – whether you're an experienced skier or a first-timer looking to try skiing. The core of the Skitrip is community and fun. Students embark together on a bus journey from the campus to snowy slopes. The event is designed to be student-friendly, including affordable bus transportation and ski passes. Additionally, students can rent ski equipment through the event, making it easily accessible and convenient for all participants.



TTO BUSINESS SEMINAR

"Tradenomisemma," originally known as TTO Business Seminar, is an annual seminar event organized by Tampereen Tradenomiopiskelijat ry (TTO ry), the student association for business administration students in Tampere.

The event aims to provide students with information, networking opportunities, and inspiration. Since 2013, this event has been held with different themes that focus on current topics and trends in the business administration field.

Tradenomisemma brings together TTO ry members, professionals from various fields, and members of the Tampere Region Business Graduates Association (TST ry) in collaboration. The event is structured in a seminar format, where participants have the chance to listen to expert speeches and take part in discussions. The themes vary each year and have covered topics such as "Well-being for Business Graduates" and "Success Stories."





EXCURSIONS

Let's begin with domestic excursions. These are, in essence, company visits to the premises of nearby and Finland-based businesses.

In 2022, the Student Association (TTO) organized 5 domestic excursions to companies from various industries. Destinations included, for instance, the headquarters of Lähi-Tapiola where participants got to learn about the insurance world. Another example is Futurice, an IT company, and that particular excursion was conducted in English, offering our international students a chance to experience a company excursion as well.

In practice, excursions usually involve a tour of the company's facilities, a presentation about the company and its industry, and an opportunity to speak and interact with the company's employees. Companies typically also provide some refreshments for the participants.

Overall, the purpose of domestic excursions is to bring students, potential future employees, and companies, potential future employers, together in the same space. This way, students gain information about various work fields and companies, while giving the companies a chance to promote their activities and job opportunities.

International Excursions

TTO's international excursions have a long history, reaching back over a decade and even further. An international excursion organized by TTO is a cultural trip and journey to a destination somewhere around the world. Previous destinations have included Berlin, Budapest, and Skopje.

The goal of the excursion is to introduce participants to the culture and work culture of another country. The trip usually includes various company and cultural visits on-site.

On average, the trip lasts about a week, and the general idea behind choosing the destination is to go to a student-friendly country and a place that many might not immediately think of traveling to on their own.

Participating in an international excursion is on the minds of many. However, due to logistical reasons, only a handful of members get to experience this wonderful opportunity each year.

All in all, the trip is an incredible chance to immerse oneself in a new culture and possibly get to know the student culture of another country. So, keep an eye out for information about this on social media platforms.



"Tradenologia" is a question that might spark curiosity in the minds of many business students. Tradenologia is an event aimed at all students pursuing a degree in business administration (tradenomi in Finnish). The event has been organized since 2001, and this year it will take place in Tampere from September 28th to 30th, 2023.

Tradenologia, or more informally known as "Logia," is not just a celebration or student party – it's also a unique opportunity to network and get to know students from different parts of Finland. Logia includes fun activities such as the traditional pub crawl around Tampere and a checkpoint tour organized by different student organizations.

Networking is at the heart of Tradenologia. This event provides a chance to connect with other business students. Another great aspect of Tradenologia is the opportunity to explore the cities where the event is hosted. Since Tradenologia takes place in a different city each year, it offers a chance to discover new places and student cultures. This year, Tradenologia will be held in Tampere, known for its vibrant student life, trendy cafes and bars, and diverse cultural events and concerts.

Furthermore, Tradenologia isn't just for networking; it's also a time to relax and have fun. Shared activities like the pub crawl and checkpoint tour, as well as new additions like the organized student dinner (sitsit), create opportunities to get to know fellow students in a relaxed environment.

All in all, Tradenologia is a versatile event that provides business students with the chance to both network and have a good time. The city of Tampere is eagerly awaiting business students and is sure to offer an unforgettable experience.

Opiskelijan  Plussa



Join Students K-Plussa!

As a university student, you'll receive a free Plussa card and even get 5% back on your food purchases when you join the Student's K-Plussa.

Join at the address:
[Plussa.fi/liity/opiskelija](https://plussa.fi/liity/opiskelija)



Se on kaikki plussaa.

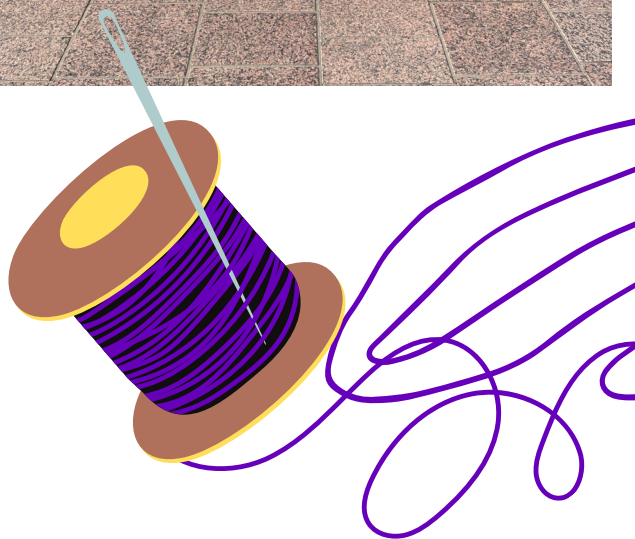
Student OVERALLS



Wearing overalls, you represent students above all, but at the same time, you also represent our student organization. Remember to maintain good manners!

Wearing student overalls comes with some unspoken rules, which will become clearer over time. However, it's clear that overalls should not be washed, and they should only be worn at student events. The motto is "Put on your overalls unless explicitly prohibited."

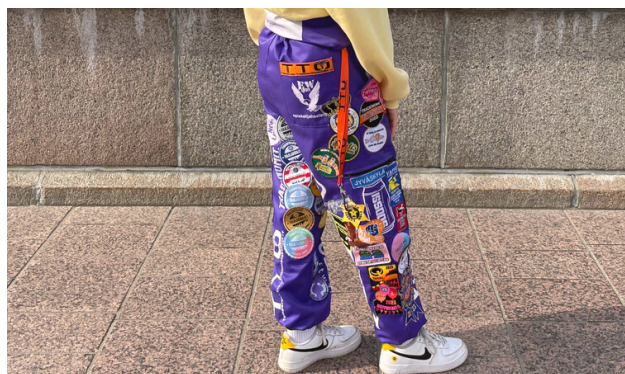
If you have questions about the overalls, ask the tutors or TTO!



Sewing overall patches might initially seem overwhelmingly difficult, but with time, it will become easier for sure. Avoid relying on adhesive for patches; they won't stay on for long. Hand sewing is the most reliable tactic!

Get thick enough thread to prevent it from breaking. Sew patches onto areas other than advertisements first!

Make your overalls unique; you can customize them just the way you want. Many have, for example, a patch representing their hometown to show where they're from.



THE COLORS OF THE OVERALLS

INTERNATIONAL
BUSINESS

BUSINESS
ADMINISTRATION
&
ENTREPRENEURSHIP
AND LEADERSHIP

INFORMATION
SYSTEMS
&
MEDIA AND
MUSIC

CONSTRUCTION
ENGINEERING, -ARCHITECT
AND -SITE MANAGEMENT
&
VEHICLE ENGINEERING

HEALTHCARE

ELECTRICAL
ENGINEERING

INFORMATION AND
COMMUNICATION TECH.
&
SOCIAL SERVICES

MECHANICAL
ENGINEERING

LABORATORY
ENGINEERING

PINK
NURSING

BLUE
PHYSIOTHERAPY

WHITE
PUBLIC HEALTH
NURSING

BURGUNDY
BIOMEDICAL
LABORATORY

YELLOW
RADIOGRAPHY &
RADIOLOGY

RED
EMERGENCY CARE

PURPLE
MIDWIFERY

ENVIRONMENTAL
ENGINEERING,
FORESTRY

TOURISM &
CATERING SECTOR

BIOPRODUCT &
PROCESS
ENGINEERING

BUILDING
SERVICES (HVAC
& ELECTRIC)

IN THE HEALTH SECTOR,
DIFFERENT SECTORS HAVE
DIFFERENT COLORED POCKETS

TUTORS -23



Milja Vintola
BBA



Eevi Niemelä
BBA



Siiri Nyrönen
BBA



Kia Lindberg
BBA



Kriss Mäensalu
BBA



Erika Kurvi
BBA



Miila Hyötylä
BBA



Rasmus Kankkonen
BBA



Jarkko Hannula
BBA



Riina Ahvenus

BBA



Elmer Koivulampi

Business Information Systems



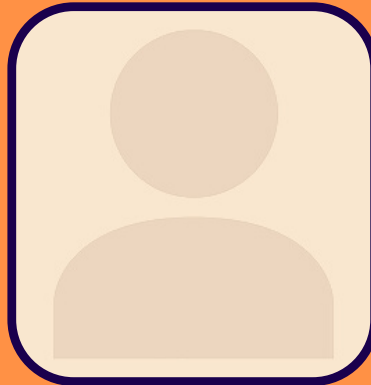
Riku Saarijärvi

Business Information Systems



Matias Leppänen

Business Information Systems



Noora Vainionpää

Business Information Systems



Aki Helin

Business Information Systems



Sumu Vuori

Business Information Systems



Jesse Salmi

Entrepreneurship and
teamleadership



Iiris Määttä

Entrepreneurship and
teamleadership





Julia Koski

Entrepreneurship and
teamleadership



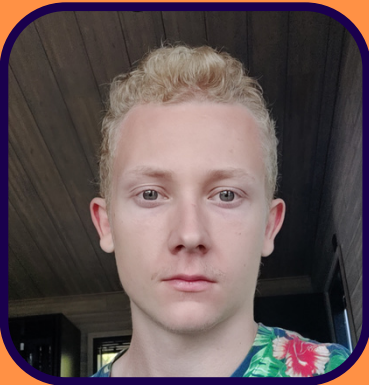
Meri Murtonen

Entrepreneurship and
teamleadership



Janette Heikkinen

Entrepreneurship and
teamleadership



Markus Vehmas

Entrepreneurship and
teamleadership



Siiri Eronen

Entrepreneurship and
teamleadership



Loviisa Aarnio

Entrepreneurship and
teamleadership



Erica Kinnunen

International business



Mikaela Somppi

International business



Jere Kiviniemi

International business



Takehito Hinami
International business



Gabriele Paukkunen
International business



Emília Holányi
International business



Marie Eismann
International business



Allen Lapitan
International business



WELCOME

TO JOIN THE ACTIVITIES OF BUSINESS GRADUATES



Part of the board 2023

At the beginning of your studies, you'll undoubtedly hear a lot about Business graduates and association activities. We, as graduated business professionals, can attest from experience that engaging in association activities is rewarding, and belonging to the association is important for your career.

Tampere Region Business Graduates (TST) is an association specifically for business graduates operating in the Tampere region. We function as a local branch of the Trade Union for Business Graduates TRAL. We collaborate closely with the local business community.

We serve as the local advocate for business graduates and provide our members with opportunities for education and relaxation.

The well-being of our members is of utmost importance to our association. We organize a diverse range of events tailored to business graduates of all ages. These include tastings, trying out new activities, family events, painting nights, theater outings, company visits, or any other suggestions our members might propose as potential events!

The board of Tampere Region Business Graduates is an active participant, and multiple events are organized throughout the year.

You are warmly welcome to join our activities and even consider becoming a part of the board!

**NO
LIMITS.**

**Tampereen seudun
TRADENOMIT.**



TTO's and TST's board members



A canoeing trip to Viikinsaari organized for the members.



@TAMPEREENSEUDUNTRADENOMIT

TIPS

for new student



YOU CAN
ALWAYS ASK
HELP ABOUT
ANYTHING!

INCLUDING FROM TTO<3

IT'S WORTH
PARTICIPATING IN ALL
EVENTS! ESPECIALLY
AT THE BEGINNING OF
YOUR STUDIES, YOU'LL
KNOW WHERE TO
CONTINUE GOING IN
THE FUTURE!

REMEMBER TO TAKE
ADVANTAGE OF STUDENT
DISCOUNTS AT
RESTAURANTS, BARS,
AND SHOPS!

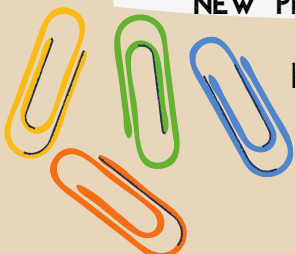
KEEP YOUR MIND OPEN, STUDENT LIFE IS
FULL OF NEW OPPORTUNITIES AND
EXPERIENCES! IMMERSE, BE YOURSELF!

PARTICIPATE IN EVENTS
EVEN IF YOU DON'T
DRINK ALCOHOL - NO
ONE WILL JUDGE!
OTHERWISE, YOU MIGHT
MISS OUT ON
IMPORTANT MOMENTS
TO GET TO KNOW
NEW PEOPLE!

ACTIVELY
FOLLOW SOCIAL
MEDIA CHANNELS

FEEL FREE TO
SEEK SUPPORT
FOR YOUR
STUDIES IF THEY
START FEELING
TOO
OVERWHELMING

P.S. DISPOSE OF NAPKINS IN THE ORGANIC WASTE BIN AT THE
CAFETERIA.

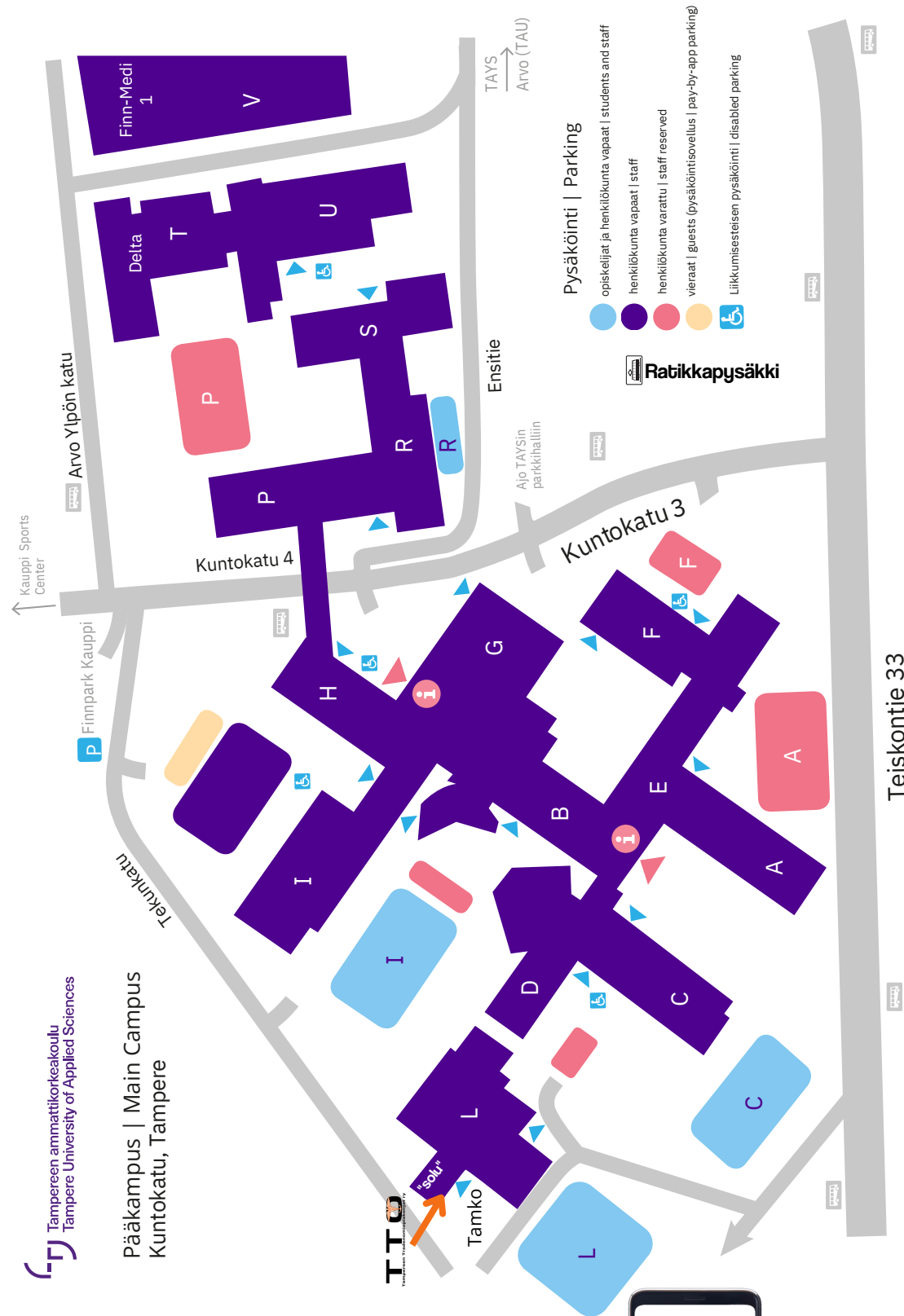


2023

Save the dates

16.8. OVERALL FIT LIKO & TIJO	16.8. CITY TOUR LIKO & TIJO	17.8. FUUKSI- OLYMPIALAISET
22.8. HÄMMÄSTYTTÄVÄ RALLI	23.8. OVERALL FIT TIKO & IB	23.8. CITY TOUR TIKO & IB
24.8. TRADENOMIEN KASTAJAISET	31.8. BUBIRUNDI	5.9. SYYSFEST
6.9. TURSAJAISET	14.9. PISTOT	11.10. TRADENOMI- SEMMA

Grab a picture of TAMK's map, you'll need this during the first few weeks!



CONTACT

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TIJO study guide
Tanja Verho
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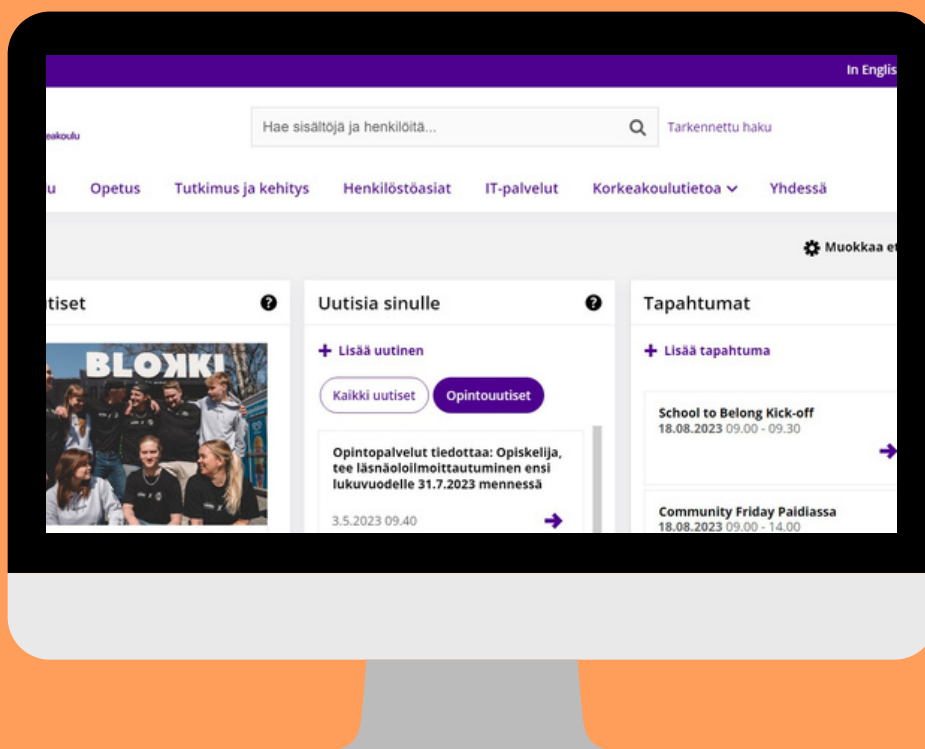
Kalevantie 3, 3 krs.
046 7101073

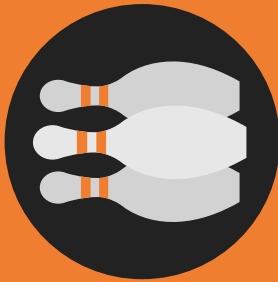
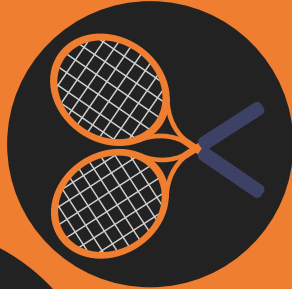
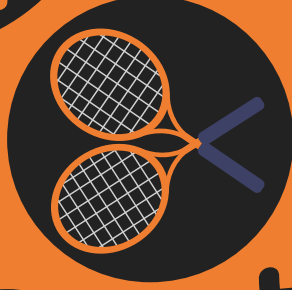
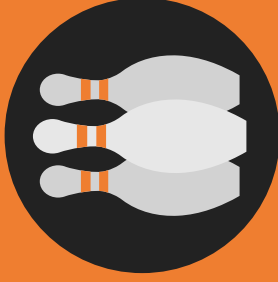
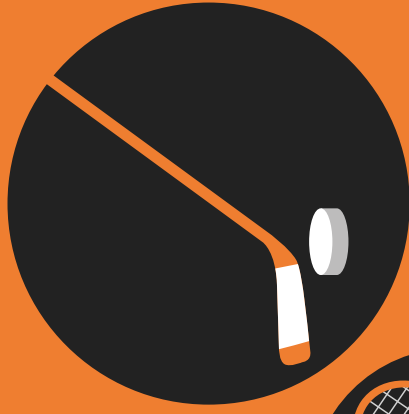
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TTO'S SPORTS SHIFT

WEDNESDAYS 20-21 PM

PISTOT

SYKSYN BILEPÄIVÄT

14.9.

19.10.

23.11.



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@pistottre

pistottre@gmail.com



T T O
Tampereen Tradenomiopiskelijat ry



TTO.RY



TTO RY



TTO SNAP